

Spring 2017 Tai Chi Class Schedule

Bill Hansell

TUESDAYS

Jan 31 - Feb 28 2:30-3:30 CNU 24 Form
Mar 14 - Apr 11

Feb 7 - Apr 11 6:00-7:00 Baeplex 24 Form
Apr 18 - Jun 20 (Session II)

Feb 14 - Apr 18 12:15-1:15 Quarter Path 40 Form
Apr 25 - Jun 27 (Session II) Rec Center

WEDNESDAYS

Feb 15 - Apr 19 12:15-1:15 Quarter Path 24 Form
Apr 26 - Jun 28 (Session II) Rec Center

Feb 15 - Apr 19 1:45-2:45 Quarter Path Fan Form
Apr 26 - Jun 28 (Session II) Rec Center

Feb 15 - Apr 19 6:00-7:00 Quarter Path Long Form
Apr 26 - Jun 28 (Session II)

THURSDAYS

Feb 2 - Mar 2 1:00-2:00 CNU Fan Form
Mar 16 - Apr 13

Feb 16 - Apr 20 4:00-4:50 NASA Fan Form
Apr 27 - Jun 29 (Session II)

Two demonstrations are scheduled for the Baeplex. The first is at 6:00 PM on January 17 and the second will be at 6:00 PM on Jan 31. The demonstrations are open to the public and will cover tai Chi in general as well as The Simplified 24 Form.